



WELLSPRING

A TREATMENT PROGRAM
FOR ADOLESCENTS AND THEIR FAMILIES

ATTACHED INFORMATION
FOR YOUR CONSIDERATION.

Thank you for your time and concern
for the young people and
families in Rapid City.

You are invited to tour our current facilities
at your convenience.

If you have questions please contact Jay Van
Hunnik, Executive Director,
or Al Scovel at 343-6336.

WELLSPRING... A Family Based Program

OVERVIEW

WELLSPRING, Inc. is a private, nonprofit organization founded in 1990 by Dr. Stephen Manlove, Judge Marshall Young and Al Scovel. Due to their varied experiences with children, youth and adolescents, they felt strongly that many needs were left unmet which required innovative new services to be developed. They formed a Board of Directors committed to developing an array of those services that focused on the family and community.

In 1994, Jay A. Van Hunnik, an individual with a long history of commitment to providing services to families in their homes and communities was hired. Family Based, in-home services began to be provided to young people and their families.

The WELLSPRING, Inc. Board of Directors continues to be committed to expand the array of Family Based/family focused services provided to young people and their families, including the development of an innovative, short term residential treatment program that maintains the integrity of the family and the young person in their community.

MISSION STATEMENT

The WELLSPRING, Inc. Board of Directors adopted the following mission statement to describe the agency's commitment to young people and their families:

"WELLSPRING, Inc. is a non-profit corporation. It is organized to provide a family-focused, culturally responsive continuum of therapeutic and residential services consistent with the WELLSPRING Principles. These services are provided to families with young people, whose behaviors are of concern to the young person, family and/or community."

PHILOSOPHY AND PRINCIPLES

WELLSPRING's primary purpose is to serve the young person who cannot function in their family, the open community and/or the open school setting. This is a young person who is unable to respond to the intimate relationships in the family setting or to manage the competitive atmosphere of the community classroom. Wellspring staff believe that non-traditional services that are focused on the family and community are necessary to prevent further damage to the young person and the family. A strengthened family is the greatest, yet most underutilized resource available to the young person. WELLSPRING attempts to help the child re-establish healthy relationships to others in their own homes and community. When this is not possible, residential placements will be only long enough to provide the young person and their family a respite or "time-out," so that they may rethink their situations and gain the necessary energy to continue the work on relationships in their homes and community. It is Wellspring's belief that relationships and the family are the most significant vehicle to transport the young person to a healthier life style. WELLSPRING's treatment programs focus on enhancing the young person's self concept, changing faulty thinking and improving his/her relationships.

WELLSPRING believes that each family is unique, has strengths, and wants to improve their functioning. The agency treats each family and young person holistically, addressing their emotional, intellectual, physical and spiritual needs. This task is accomplished by employing the most capable individuals available to assist families in providing a stable, secure environment for their young people. This is further accomplished by utilizing and building on strengths and resources that the family already has available to them and building upon those. The basic principles upon which WELLSPRING's treatment is based are:

1. The environment most conducive to adolescent development is the family of origin if that family has the ability to work constructively with their child.
2. Living situations which mimic families in structure and size are the most effective way to prepare a child to reintegrate into a family setting. As such, they are very potent treatment options.

3. Therapeutic components which reach into the future, as do experiential therapies, are extremely effective mechanisms for change in adolescents. Thus, experiential therapy should be maximally utilized. However, this does not take away the role of more traditional psychotherapies.
4. Since substance abuse and body image issues are ubiquitous in adolescence, all work with adolescents must integrate therapeutic approaches to these issues.
5. Clear, firm, compassionate boundaries are crucial for favorable development.
6. Behavior is a multisystem phenomenon and, in turn, effects multiple systems. Thus, evaluation and treatment need to appreciate at least the following systems:
 - Intrapsychic
 - Family
 - Biological
 - Social
 - Educational
 - Medical
 - Emotional

Historical Overview

- ◆ 1988-1989- Conversations between Dr. Steve Manlove, Judge Marshall Young and Attorney Al Scovel reveal inadequacies in appropriate treatment alternatives for adolescents in western South Dakota. They agree that family is the most important and underutilized resource in the treatment of adolescents.
- ◆ 1990- Steve Manlove, Marshall Young, Al Scovel, Rev. Larry Dahlstrom, and Roger Erickson file Articles of Incorporation with South Dakota and Wellspring is created. Tax exemption is applied for.
- ◆ 1991- IRS grants tax-exempt status. [501(c)(3)]
- ◆ 1992- Further refinement of treatment program.
- ◆ 1993- JJAC grant application filed in September is funded. The grant is to divert youth from the juvenile justice system.
- ◆ 1994 January- First Family-Based Therapist hired: Wellspring's Family Based concept is developed.
- ◆ 1994 March-June- Family Based counseling begins and caseload fills. Additional Family Based Worker hired. Director hired. Mission Statement and new plans for future Program development approved by board.
- ◆ 1994 July- October- Office Manager and another Family Based Staff added. Wellspring is approached following the closure of the St. James St House group home in Rapid City. Board authorizes investigation of building lease and residential treatment license.
- ◆ 1995 February- St. James St. facility gifted to Wellspring by Rapid City and Pennington County. Work begins on building repairs and applications for residential license. Staff Added.
- ◆ 1995 November-December- License granted for 12 residential treatment beds. 21 staff hired for residential program.

- ◆ 1996 January- First residents enter Family Reconciliation Center.
- ◆ 1997 June- Wellspring moves all offices into an addition to the Family Reconciliation Center.
- ◆ 1998- Day Treatment program is created to provide a therapeutic intervention during high-risk afternoon and evening hours or while a youth is suspended from school.
- ◆ 1999- January- 12 residential beds are not adequate to meet community needs. The Family Reconciliation Center is granted a license for 14 residential treatment beds.
- ◆ 1999- Wellspring Board of Directors identifies additional community needs.
- ◆ 1999 June- Wellspring receives 2 adjoining city lots from the city of Rapid City.
- ◆ 1999 December- Runaway/Homeless Youth Program added.
- ◆ 2000- Family Reconciliation Center requires waiver to go over the 14 licensed beds 9 of the past 12 months.
- ◆ 2000- there has been a waiting list of youth to enter the Family Reconciliation Center for over a year. The waiting list is currently 16 youth.
- ◆ 2000- Approximately 7 youth each month are referred to other programs in eastern South Dakota or out of the state due to the unavailability of space or lack of appropriate program.
- ◆ 2000- Wellspring Board of Directors authorizes proceeding with additional programming and facilities needs assessment.
- ◆ 2000- Wellspring Board Program Committee prioritizes program needs. Wellspring retains an architect for facility planning.
- ◆ 2000- Development Director hired.
- ◆ Wellspring employs 30 staff members.
- ◆ Wellspring is providing services to approximately 40 youths and families each week.

COMMUNITY/ PROGRAM NEEDS

- ◆ Family Reconciliation Center over capacity 9 of past 12 months.
- ◆ Waiting list of 5-15 youth every month over the past year.
- ◆ Turn away approximately 7 youth each month due to unavailability of space or appropriate programming.
- ◆ 1997 estimation of population of youth 6-17 in Rapid City – 11,069, (Pennington County- 17,496)
- ◆ Rapid City Police Department reported 1,973 juvenile arrests in 1998. (Average per month – 164.4)
- ◆ Pennington County Sheriff's Office reported 622 juvenile arrests in 1998. (Average 51.8 per month).
- ◆ 14-15 year olds is the largest age group of juvenile offenders.
- ◆ The fastest growing age group of offenders was 0-12 year olds.
- ◆ Total number of juvenile arrests for the time period of 1989 to 1996 increased 63% according to the RCPD.
- ◆ Crimes against person's arrests increased 128% from 1989 to 1996 as reported by the RCPD.
- ◆ Runaway/miscellaneous other arrests increased 36.5% from 1989 to 1996 as reported by the RCPD.
- ◆ Crimes against property increased 127% from 1992 to 1996 according to the Sheriff's Office. .
- ◆ There were an estimated 2,343 homeless children in Rapid City in 1997.

Program/Facility Needs
Determined by the Wellspring Board of Directors

- ◆ Family Based/In-Home Services Expansion
- ◆ Shelter Care *
- ◆ Runaway/Homeless Youth Care *
- ◆ 30 day Assessment Program *
- ◆ Day Treatment *
- ◆ Family Reconciliation Center – Expansion. *
- ◆ Independent Living
- ◆ Long-term Residential Treatment *
(Only 9 beds for 12-18 year old boys available west of the Missouri River)
- ◆ Long-term group care *
- ◆ Short-term group care (for transition) *
- ◆ Group Foster Care
- ◆ Therapeutic Foster Care
- ◆ Alumni Group *
- ◆ Additional Aftercare Services

**Proposed facility would allow Wellspring to add these services and expand these currently provided services*

PROJECTED CONSTRUCTION COSTS

3 Story building: 18,900 square feet

Total projected construction cost: \$1,350,000.00
Including all three floors, parking addition, pavement, and dirt backfill.

Additional Expenses: \$150,000.00
Including furniture, and office equipment

Total Projected Project Cost: \$1,500,000

Funding requested from the Rapid City Council: \$700,000.00

Balance to be raised by various fundraising activities
Including a capital campaign:
\$800,000.00

Estimate of operations and maintenance costs:
(To be funded by revenues produced by
Fee for services and charitable contributions.)
\$1,500,000.00

Impact of Facility and Program Expansion

Increase the number of youth and families served from approximately 40 per week to over 114 each week.

Would allow more West River youth to be housed and treated in or near their communities.

Allow additional contact with family

Allow case managers to spend increased time on the job in Rapid City.

Provide employment to an additional approximately 100 professionals and para professionals.

Provide additional services to youth and families not currently available or insufficient in Rapid City and the West River area.

**WELLSPRING, INC.
2000 BOARD OF DIRECTORS**

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